

HSA PSHCE and RSE Curriculum Map

PSHCE covers RSE, Health Education, British Values, the HSA Way Behaviour Curriculum, Citizenship and Safety education. Children learn intrapersonal and interpersonal skills through Forest School. All teaching follows our RSHE policy and aligns with the vision and ethos of the school. EYFS is informed by Development Matters and supported by the ELGs: PSED

All PSHCE and RSE teaching is informed by our values: Compassion, Courtesy, Creativity, Curiosity, Community and Co-operation. We are guided by the verse *let your light shine*.

Themes

Good to be me	Me, you and everyone (Forest School)	Keeping me safe	Regulating and respecting me	Keeping me healthy	Getting me ready for changes
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RSE and Sex Education are linked to principles in our RE curriculum "Understanding Christianity". Their summary words can be recognised throughout our RSE teaching as starting points for dialogue and reflection. They represent human characteristics that, with understanding, help us grow.

ETERNAL	CREATED	FRAIL	EXPANSIVE	WORTHY	INCLUDED	FORGIVEN	FAITHFUL
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Whole School units

Week 1 work each term is a Behaviour Curriculum focus. Each teacher should review objectives from the behaviour curriculum for their Year Group and choose priorities to teach, practice and recognise. Behaviour Working Walls should be updated with targets and successes through the term. Each behaviour focus is accompanied by a British Value. Cross curricular opportunities should cover British Values throughout the term, including Worship and 10 for 10 speaking and reflection.

Autumn: Week 1 work: HSA Way *and* Democracy

Values Days: Curiosity and Compassion

St Andrew's Day: The footsteps of St Andrew (2025: Standing up for What is Right, protected characteristics)

Spring: Week 1 work: Behaviour for Community *and* Rule of Law

Values Days: Cooperation and Creativity

Summer: Week 1 work: Behaviour for learning *and* Tolerance and respect for others (online safety)

Values Days: Courtesy and Community

	Autumn		Spring		Summer	
EYFS	Good to be me	Mental Wellbeing	First Aid	Me, you and everybody	Respectful Relationships	Growing bodies
	Families and people who care for me	Keeping me safe	Keeping me healthy			Preparing for change
Y1	Good to be me	Mental Wellbeing	First Aid	Forest School – me, you and everybody	Respectful Relationships	Growing bodies
	Families and people who care for me	Keeping me safe online	Keeping me healthy			Keeping me safe Preparing for change
Y2	Good to be me	Mental Wellbeing	First Aid Keeping me healthy	Keeping me safe online	Forest School – me, you and everybody	Growing bodies
	Families and people who care for me			Financial education	Respectful Relationships	Keeping me safe Preparing for change
Y3	Forest School – me, you and everybody	Good to be me	First Aid	Keeping me safe online	Respectful Relationships	Growing bodies – puberty
	Mental wellbeing	Families and people who care for me	Keeping me healthy	Financial education	Mental wellbeing review	Keeping me safe Preparing for change
Y4	Good to be me	Mental Wellbeing	Forest School – me, you and everybody	Keeping me healthy –	Keeping me safe online	Growing bodies – puberty
	Families and people who care for me	Financial education		First Aid	Respectful Relationships	Keeping me safe Preparing for change
Y5	Good to be me	Forest School – me, you and everybody	First Aid	Keeping me safe online	Respectful Relationships	Growing bodies – puberty and sex education
	Families and people who care for me		Keeping me healthy	Financial education	Mental wellbeing review	Keeping me safe Preparing for change
Y6	Good to be me	Mental Wellbeing	First Aid	Keeping me safe online	Respectful Relationships	Growing bodies – puberty and sex education
	Families and people who care for me		Keeping me healthy	Financial education	Mental wellbeing review	Keeping me safe Preparing for change Forest Camp

