## HERTFORD ST ANDREW CHURCH OF ENGLAND PRIMARY SCHOOL CALTON AVENUE HERTFORD SG14 2EP



Head Teacher: Ms R Sutherland Cooper

16th September 2024

Dear Parents and Carers,

I would like to take this opportunity to again welcome you to our school and to thank you for your support in settling your child into new routines. I have thoroughly enjoyed getting to know the children so far and am excited about the year ahead.

To help your child become independent, there are a number of items I would like to bring to your attention:

All children are encouraged to bring in their own labelled bottle that must contain water. Drinking squash throughout the day has a detrimental effect on teeth and can cause early decay. Please see the poster displayed on our classroom window for more information.

We have breakfast cereal and bagels/toast available to all children on arrival. We also offer fruit and milk throughout the morning. If you wish to send in an additional snack for your child, you are very welcome to do so. Please ensure this snack is healthy, e.g. fresh fruit or vegetables, such as sliced carrots or cucumber. We are continually teaching children the importance of a healthy body and mind.

It would be helpful if you could provide a spare set of clothes for your child, including spare underwear. Each item should be labelled and placed in a named bag. These spares will remain on your child's peg and will only be sent home should a new set be required.

Please ensure your child has appropriate clothing for all weather types, including footwear for wetter weather (wellies). We will use the outside areas throughout the term and this will mean the children will get wet and sometimes muddy underfoot.

PE will take place on a Wednesday. Please provide your child with the appropriate PE kit. We will send this home at the end of each half term for it to be washed. The children will change for PE in class. It is extremely helpful if you teach and encourage your child to dress and undress themselves at home. This will make it much easier for them when they change at school, as they will have the skills they need to do so independently.

All children up to the age of 7 years old are entitled to a free school meal. You can find a link to this menu on our school website. For those children who have a packed lunch, may we remind you the contents should promote a healthy and balanced diet. We are a nut free school; therefore please check all items carefully before sending them in.

Ways to help at home – share books with your child daily to develop their love for reading, ask them questions to clarify their understanding and encourage them to give their opinions about what they have heard. Count with your child and ask them to recognise numbers and shapes in the environment. If they want to write, give them a purpose – write a shopping list or label items in the home. Encourage your child to be as independent as possible in their everyday tasks, such as asking for the things they need, carrying their own school bags, getting dressed and using cutlery.

Reading books will be changed on a Friday. The children should bring their books to school every day. Please refer to the information about reading books included in the newsletter sent out on 13<sup>th</sup> September.

Here is a link to our school website <a href="https://www.hertfordstandrew.herts.sch.uk">https://www.hertfordstandrew.herts.sch.uk</a>
Lots of useful information can be found there. We recommend you look regularly to view all the latest updates and correspondence. You can also view our class page, 'Elm Class'. I will add photographs and examples of learning regularly.

I hope you find this information helpful. Please do not hesitate to contact me if there is anything you would like to discuss further.

Yours sincerely,

Mrs Sampson