Safer Internet Day 2016

Play your part for a better internet

UK Safer Internet Centre

Parent E-safety Talk

Hertford St. Andrew Primary School

Mr Azzopardi

08/02/16

Information and Advice

Today's Session

- Safer Internet Browsing
- Online Profiles / Social Networking
- Online Grooming
- Cyberbullying
- Reporting Abuse
- Underage Video Games / Online Gaming
- Staying Legal

Be smart on the internet

Safer Internet Browsing

25% of young people say they saw online pornography by the age of 12 (BBC 2014)

- Consider a child friendly search engine like **kidrex** to filter out your adult content.

- Make sure **Google Safe Search** is turned on (default)

- Make sure the **pop-up blocker** of your browser is turned on (default)

- Consider installing **adblock** to hide most advertisements from view.

- Make sure antivirus and spyblockers are turned on (Windows 10)

Other Parental Controls for safer web browsing

These require a little setup or accounts:

- Use your Internet Service Provider to **filter adult content**.
http://www.saferinternet.org.uk/advice-and-resources/parents-and-carers/parental-controls
(Virgin, Sky, BT, TalkTalk)

- **Youtube restricted mode** (requires login)

- **Microsoft Family** (Windows only - requires login)
http://windows.microsoft.com/en-gb/windows-10/monitor-child-device-activity

- **iPhone/iPad restrictions**
https://support.apple.com/en-us/HT201304

If you are worried about your child's internet browsing usage

- Talk to them about it! Open a dialogue with your child.
- Set up **a family agreement** or house rules.
- Don't allow your child to use the internet unsupervised.
- Limit how often your child can use the internet (or enforce it).
- Browse their **Internet history** (Internet options of most browsers).
- Block websites using **iPad restrictions** or **Microsoft Family**.

Almost three in 10 parents (29%) let their kids use the internet without any restrictions or supervision. (Netmums 2013)

Online profiles/ Social Networking

https://www.youtube.com/watch?v=_o8auwnJtqE

43% of 9-12 year olds have Facebook account (BBC 2011)

- Facebook, Twitter, Instagram, YouTube, Google+, Pinterest, Tumblr, Vine, Snapchat, Reddit, Flickr, Club Penguin, Moshi Monsters, Habbo Hotel
- Over 1 million underage Facebook users in UK (various reports).
- Facebook and other social media networks **require you to be 13** to have an account.
- If it is impossible to stop your child using it, then we can help them use it responsibly.
- Social media now being used for radicalisation.

How you can help your child be safer with social networking

- Make sure their profile is **not set to public**.
- Be their friend so you can monitor *some* behaviour.
- View their friends lists regularly.
- Show your child how to **block friend requests** from strangers.
- Make sure they are **not sharing personal information online** such as address, telephone numbers, school, passwords etc
- Make sure they are not lying about themselves to sound older.
- Make sure they are not putting revealing or inappropriate pictures online.
- Talk to them about it!
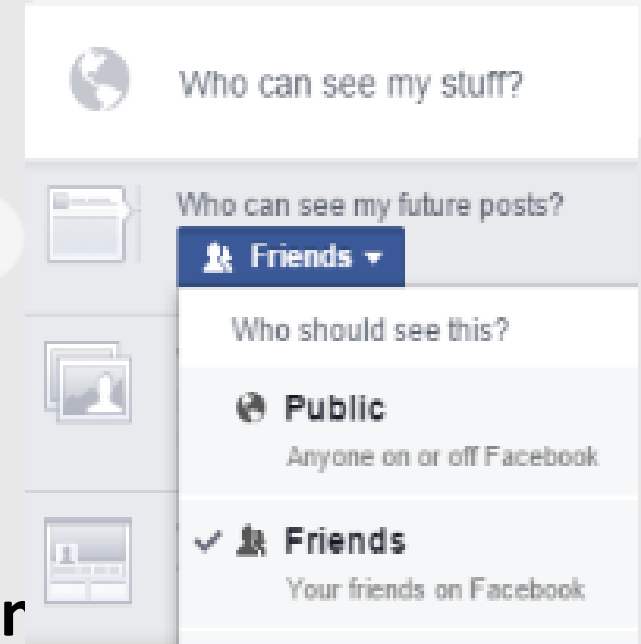
Online Grooming

Online grooming is when an adult makes online or phone contact with someone under the age of 16 with the intention of establishing a sexual relationship. This is a criminal offence and occurs in the communication, so you never have to meet this person face to face for them to be investigated and charged.

http://www.internetmatters.org/issues/online-grooming/?

https://youtu.be/Pt-9NI1qCKI

Cyberbullying

There were 7,296 counselling sessions with young people who talked to ChildLine about online bullying and safety last year (Childline 2015)

Methods:

- Sending mean or abusive texts, emails or IM's to individual or group (e.g. Facebook group/BBM).
- Posting pictures about others on blogs, comments, websites to humiliate target.
- Using someone else's username/login to impersonate, spread rumours, lies.

How to (help) prevent cyberbullying

- No one size fits all answer.

- Talk to your child! Have that trust so that if things go wrong, they can report it to you.

- Is it someone they know causing the problem or a stranger?

- Ascertain whether the bullying is really the person doing it. Talk to parents.

- Block strangers but keep evidence of messages, screen shots etc.

- If it gets serious report abuse to CEOP.

- If done on social media, report all abuse so it can be taken offline.

- Make sure that your child is supervised when using the Internet.

- Establish rules and be clear about netiquette

http://www.bullying.co.uk/cyberbullying/

https://www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/bullying-and-cyberbullying/

http://www.childline.org.uk/Explore/Bullying/Pages/online-bullying.aspx

Reporting Abuse

- http://www.childnet.com/resources/how-to-make-a-report
- https://www.ceop.police.uk/Ceop-Report/

Underage Video Games/Online Gaming

Two thirds of parents admit they do not check video game ratings (Kotaku 2012).

- PEGI (Pan European Game Information): Ratings system
- "Motiveless killing, violence towards defenceless people, extreme violence, strong language, full frontal nudity"
- Ratings do not reflect the online gaming experience. (Cyberbullying/Giving our personal information/Grooming)
- Parental controls to limit which games are played, how often and micro transactions.

http://www.pegi.info/en/index/

Staying legal

- Illegal movie/music downloads
- File sharing and torrents
- Football streaming sites that lead to gambling/porn sites
- Other Copyright
- Internet Service Provider Acceptable Use Policy – Limit or suspend your service